



Cindy Hogan

Actor, Director, Producer.

For the past twenty - five years, Cindy Hogan has studied and worked as an actor, director, and producer. The last eleven of those years, she has drawn upon her own experiences to coach and teach both the business and craft of the industry. While her own personal studies have included work in "The Method" on one extreme and "Meisner" on the other (with many colors, shades, and variations in between), the direction of her own teaching is geared more

to the individual and their own best way of learning and working and not to any fixed method.

The purpose of her work is to lead actors into discovering their own personal freedom, to have them leave judgment of themselves in the work far behind, and to live entirely in the moment. Cindy's approach to each of these may be completely different for each individual she teaches. She deals with the actor's work through the eyes of a director and believes that acting in all mediums comes from the same place.

As The A.C.T.I.N.G. Coach, Cindy does gear her coaching towards working in front of the camera. By that, we mean looking for a deeper level of reality in an actor's work, a strong connection to subtext, for the camera searches out the thoughts behind the eyes and the subtleties in the actor's work: the truth. In order for this to be present, the actors must learn to trust themselves and allow their impulses to flow freely.

In most professions, every practitioner uses similar tools and techniques, but the actor's chief instrument is himself. Since no two people are alike, no universal rule is applicable to any two actors in exactly the same way, thus Cindy focuses her coaching for each separate individual. As a group, it is her desire to ignite the actor's imagination and to discipline them in making the distinction of truth in their choices, for the actor's strength is in "being".

Actress - filmography

1. [Motocrossed](#) (2001) (TV) Registrar
2. ["The Invisible Man"](#)
... aka I-Man (USA: second season title)
- [The Devil You Know](#) (2000) TV Episode Sarah Merante
3. ["Night Man"](#)
... aka NightMan (USA)
- [Constant Craving](#) (1998) TV Episode Nurse
4. [Rocket Man](#) (1997) Reporter
... aka RocketMan
5. ["Walker, Texas Ranger"](#)
- [Payback](#) (1994) TV Episode Jan Brewer
- [The Prodigal Son](#) (1994) TV Episode Lurleen Lonneville
6. [Willing to Kill: The Texas Cheerleader Story](#) (1992) (TV) Gym Instructor
7. ["Mann & Machine"](#)
- [Billion Dollar Baby](#) (1992) TV Episode Bonnie Kennedy